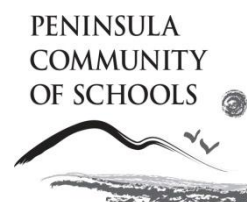




# NEWPORT NATTER



## NEWPORT PUBLIC SCHOOL'S WEEKLY NEWSLETTER

Phone: 9999 3588 9999 4100 Fax: 9979 6928  
After School Care: 9979 9874  
Canteen: 9979 6504

Wednesday 12<sup>th</sup> February 2014

### PRINCIPAL'S REPORT

It is wonderful to see how well all the children have settled into their new classes. They are already busy and productive, enjoying the challenges of a new year. Our new Kindergarten children are off to a fabulous start, with all of the classes being very settled and happy. 2014 will again be a very busy year for Newport PS. Staff will be involved in grade planning sessions this week, preparing the grade learning programs and assessments for the term. I would urge parents to make sure they read the Natter each week. It is our primary communication with families.

### Newport PS Swimming Carnival

We held our annual Swimming Carnival on Monday. It was again, a great success. The children participated with such enthusiasm. Well done everyone! Congratulations to those children who won their races and will now go on to represent Newport PS at the Pittwater Zone Swimming Carnival. A huge thank you also to Sue Brandenburg, for her organisation of the event, and the hard work of all the staff to make sure it ran smoothly. Thank you also parents, who come along and support the children every year. It was a great day. The results of the carnival are included in the Natter.

### 2014 School Executive Team

We are fortunate at Newport PS that we have a dedicated and talented executive team leading the school. Each member of the executive is responsible for the effective running of their grade, monitoring of student behaviour and the organisation of the grade teaching and learning programs. Along with this they each have responsibilities across the school. Your child's Year Supervisor is also a point of contact for parents who have a concern about their child, after they have spoken with the class teacher.

Principal	Margaret Charlton	
Deputy Principal	Natalie Baldi	Year 2 Supervisor
Deputy Principal	Anthony Moran	Year 3 Supervisor
Assistant Principal	Adam Hearne	Year 6 Supervisor
Assistant Principal	Deborah Deratz	Year 1 Supervisor
Assistant Principal	Tom Davidson	Year 5 Supervisor
Assistant Principal	Sharon Oscroft/ Julie Parker	Kindergarten Supervisors
Assistant Principal	Shane Clements	Year 4 Supervisor

### Parent Information Evening

#### Thursday 13<sup>th</sup> February

Our Parent Information Evening will be held this Thursday between 6.00 and 8.00pm. The evening is intended to provide an opportunity for parents to meet their child's teacher and be informed about the year ahead, the class organisation, the class program and expectations for the year. We hope that you are able to attend these important sessions which will be held in your child's classroom.

6.00 – 6.30pm	Kindergarten, Year 1,
6.45 – 7.15pm	Year 2, Year 3, Year 6, 5/6AH
7.30 – 8.00pm	Year 4 and Year 5

We will also be running Information Sessions for parents.

5.30 – 6.00	Kinder – Year 1 Reading Skills (Library) (Ms Cogan & Ms MacLaurin)
6.00 – 6.30	Introducing Mathletics – Supporting your child at home (School Hall)
6.45 – 7.15pm	Introducing Mathletics – Supporting your child at home (School Hall) (Mr Moran)

**Please note parents of 1DD & 1CC\*. Due to unforeseen circumstances your Parent Information session will be held in the library at 6.00pm.**

## **Newport School Parliament**

Newport has a strong Student Parliament program where each year eight elected ministers join with the School Captains to form a cabinet to help pass new bills to improve school life at Newport Public School. We are proud to announce the newly elected ministers and their portfolios:

Student Welfare and Safety: Riley White & Jade Hodges

Sport and Leisure: Jack Berry & Madi Hunt

Fundraising and Charities: Niam Melville & Chloe White

Grounds and Environment: Oliver Wright-Casanova & Heidi Richardson

Our first parliamentary sitting will be in Week 6 where we are sure the students will introduce some great topics for debate.

## **Welcome Back BBQ**

**Friday 21<sup>st</sup> February, 5.00pm**

Every year our energetic team of Year 6 parents organises the Welcome Back BBQ. It is a great social event that gives parents and staff an opportunity to meet and socialise. Put it in your diary and come along, join in the fun and support our school.

## **Calling All Year 6 Parents**

We are still in desperate need of lollies and prizes for the coin toss for the welcome back BBQ. Please send in with your child to their classroom for collection by this Friday! Please let us know if you can lend a hand on the night at:

[newportyear6@gmail.com](mailto:newportyear6@gmail.com)

Thank you!

## **Kindergarten Playground Equipment**

In two weeks, starting Monday 24<sup>th</sup>, will be installing new playground equipment in the Kindergarten play area. There will be some closure of parts of this playground for the three days the work will take. Parents will be notified of any closure and the arrangements that have been made for playground access. **A big thank you to our P&C**

**Association** and their fundraising efforts, enabling us to provide this long overdue equipment for our youngest students.

## **Peninsula Community of Schools (PCS) Extension Class Test 2015**

The PCS Year 7 Extension Class Test 2015 will take place on 11<sup>th</sup> March 2014. Each local PCS High School runs an extension class stream. To be considered for placement in these classes in 2015 Year 6 students must complete the Extension Class Test. A package with all of the details is available at the front office for Year 6 (2014) students interested in sitting for the Extension Class Test. Applications are due to Narrabeen Sports HS by February 28th. A flyer is attached to the Natter.

All enquiries for the Year 7 2015 Extension Class test should be directed to Alison Waddy at Narrabeen Sports High School, 99137820.

## **Summer PSSA**

Our summer competition starts this week. Congratulations to all the students selected for our summer sports teams. I know you will show that wonderful Newport spirit; playing with good sportsmanship, trying your best and cooperating with your teachers. Good luck everyone!

## **Newport Sailing Program**

Our Sailing Program for 2014 will start this Friday 14<sup>th</sup> February.

## **School Sport**

If your child is in Years 3-6 and is not involved in the summer Primary School Sports Association (PSSA) Program or Sailing they will receive a note outlining their choices for Friday sport. We would appreciate your guidance in helping your child to choose one activity for sport this term before this **Friday 14<sup>th</sup> February** when we will hand out specific notes for their chosen sports.

Permission and money should be handed into the office by **Thursday 20<sup>th</sup> February** or they will not be able to participate. Please note that we must have a minimum of 30 students for each activity to proceed, with the exception of Futsal as we need a minimum of 50 due to the bus booking. To avoid disappointment please choose an alternative just in case the first choice is not available.

The Term 1 sports program runs for 5 weeks from **21<sup>st</sup> Feb** to the **21<sup>st</sup> March**.

## **First Sydney North Reps for 2014**

Congratulations to Luke Morley who has been selected in the Sydney North Boys Cricket team. He will play in Wyong in Week 6. Congratulations to Charlie Yeats, Ashlie Edwards, Stella Campbell and Harriette Burke who have been selected for the Sydney North Girls Cricket team. They will play their state carnival in Barooga, in the Riverina, in Week 5. Good luck everyone.

## Flexi-Schools

If you use Flexi-schools for purchases at the canteen or Uniform Shop, could you please update your class details on the website.

Regards,  
Margaret Charlton  
Principal

## Dates for diary

Thursday 13 <sup>th</sup> Feb	Parent Information evening
Friday 21 <sup>st</sup> Feb	Welcome Back BBQ
Monday 10 <sup>th</sup> March	Zone Swimming carnival
Friday 28 <sup>th</sup> March	Athletics Carnival K-6

## Newport Cares

**Newport Cares** is an initiative designed to provide assistance and support to NPS families who find themselves in sudden trauma or need. Systems of support exist within the generalised school community and **Newport Cares** is a formalised extension of this. We have received wonderful feedback from the families that **Newport Cares** has assisted in the past and would like to continue this support in 2014. **Newport Cares** helps co-ordinate assistance from the school community to a family. They liaise with the family and determine how the school community could best support them in a practical way. This could include providing meals, packed school lunches, transport to school, home help etc.

We would like to thank all those who offered their very valuable help in the past and are asking for a list of volunteers who are willing to be involved in the 2014 program.

Please send an email to [newportcares@gmail.com](mailto:newportcares@gmail.com) if you would like to contribute to this very worthwhile initiative. Thank you for your support,

**Bron Green, Nicola Elliott, Anna Walter, Natalie Baldi (on behalf of Newport Cares)**

## CHESS NEWS

Newport's Chess Club Promotes both social and competitive play. If you know the rules and moves of the game come along and join in the fun. There are great educational benefits in playing chess. Our calendar in a typical year runs something like this.....

### Social Chess

Held every Thursday lunch in Mr Tickle's Music Room at 1pm. Bring your lunch, no fees or registration required. All children Years 1 to 6 welcome. (Kindergarten begin in Term 4)

### Competition Chess

Tournaments are held throughout the year for competitive minded chess enthusiasts often with divisions based on age, gender or ability level and usually always in a team format. The following contest calendar is an indicator of dates.

### Northern Beaches Primary Schools Chess Challenge – Term 1 at Mona Vale P.S.

This is a great contest and gives trophies and prizes to the top three teams plus best overall Junior and all Girls team. The event is run by Mona Vale P.S. Chess Club.

### The NSW Junior Chess League 10 Week Tournament - Terms 2 & 3 Home and Away

For truly dedicated players who are willing to play every Friday after school and train another afternoon a week after school throughout the tournament. Newport generally enters a Championship team and a Junior Rookies team in this region/zone tournament. Our teams of 4 players fall in the Manly-Warringah region.

### State Girls Tournament - September, Latvian Centre Strathfield

This event is hosted by the Sydney Academy of Chess and doesn't invite the boys on this occasion. Very high standard of competition open to children Kindergarten to Year 12.

### Scots College Chess Challenge - Semester 2, hosted and held at The Scots College

Junior and Senior divisions for boys and girls.

### Sydney Academy of Chess Interschool Tournament

One day team events hosted by the Sydney Academy of Chess and hosted by local schools.

## **Newport Public School Lunchtime Tournament - Last weeks of Term 4 in Mr Tickle's room**

A fun contest for all competitive players including newcomers, recently targeted Kindergarten players and all those who may have just missed selection for the other contests held throughout the year. A favourite with the Year 6 children as it will often be their last ever school competition. Generally six or so rounds with the ratings carried over for the following year's team selection into the Mona Vale contest.

Training for selected players is held in the music room with our chess wiz Edson Ortiz (Thiago and Rafael's dad). Hope you can be part of our program this year.

**Mark Tickle**

## **SNOWSPORTS NEWS**

How exciting are the Sochi Winter Olympics. Nothing like an Olympic event to get us in the mood for the upcoming Winter Interschools competition.

Olympic snowboarders like local Nate Johnson began their journey to Sochi representing their school in racing. In Nates case, he was a Mona Vale PS student then later at Pittwater High where he claimed a gold medal. The Interschools is seen as a springboard for future Olympians.

The Interschools Snowsports Races for our Northern Region will this year be held at Thredbo during the first week of our July school holidays. Disciplines include Ski Alpine, Ski-X, Moguls, Snowboard G.S and Snowboard X. Cross Country Ski is held during the August State Titles. Other race days are also hosted by Independent Schools throughout the July school holidays i.e. Scots Cup, Redlands Cup & Knox/Pymble Cup.

Newport's Snowsports program promotes a healthy sporting attitude, fitness through dry land training, alpine awareness and safety in the snow, race technique and a fair amount of family social fun. Being able to ski and board IS a prerequisite however you don't need to be an expert i.e. level 3 and up.

An information evening will be held later this term for all interested families. Information regarding the Interschools can be viewed on their website at [www.interschools.org.au](http://www.interschools.org.au)

**Bring on winter,  
Snowsports Committee**

## **TERM FEES**

**Just a reminder that the Term 1 account fees are due this Friday 14<sup>th</sup> February**

## **CANTEEN NEWS**

**As it is Valentines Day next Friday we will have special love heart cupcakes for \$1.00**

There is a new updated menu this year please find it attached to the natter this week.

### **NEW NEW NEW**

Lamb Rogan Josh & rice	Chicken Caesar salad
Cheese potato bake	Mini Wheats
Spinach & Cheese rolls	Fruit Flap Jacks
Steamed dim sims	Dairy free Banana and Choc milk
Spanish frittata	Mexican chicken burger

Roster for next week

**Monday Jan 17th: R Carter, M Bensley, A Bryan**

**Tuesday Jan 18th: F Griffith, T Oetojo**

**Wednesday Jan 19th: E Links, A Hunt, D Partos, T Langten**

**Thursday Jan 20th: K Paul, L Osborne**

**Friday Jan 21st: K Searl, L Brown, P Winterbottom, P Bazarsh, C Thomas**

If you are unable to make your rostered day, please let Tammy know on 9979 6504 or email the canteen [newportschoolcanteen@hotmail.com](mailto:newportschoolcanteen@hotmail.com)

## SWIMMING CARNIVAL 2014 RESULTS

		BOYS	GIRLS
8yrs	1st	Luke Ambrosius	Alexandra Murray
	2nd	Joey Moy	Lily Playle
	3rd	Brodie Hitchman	Jemima Johnson
9yrs	1st	Harrison Shipton	Emily Gudmunson
	2nd	Tom Tullett	Anaia Cruickshank
	3rd	Tyler Bailey	Lani Crichton
10yrs	1st	Jasper Upton	Otyliah Campos
	2nd	Daniel Links	Edie Burke
	3rd	Beau Brennan	Holly Hunt
11yrs	1st	Mathew Francis	Charlie Yeats
	2nd	Luke Morley	Louisa Mitchell
	3rd	Jonah Watkin	Francesca Early
12yrs	1st	Mac Omm	Jessica Gudmunson
	2nd	Kyle Ambrosius	Ashlie Edwards
	3rd	Ricky Charlton	Harriette Burke
Junior B/stroke	1st	Jasper Upton	Anna Harris
	2nd	Luke Stonier	Anaia Cruickshank
	3rd	Harrison Shipton	Holly Hunt
11yrs B/stroke	1st	Luke Morley	Matilda Johnson
	2nd	Beau Deathridge	Emma Lowry
	3rd	Jonah Watkin	Aja Phelps
Senior B/stroke	1st	Mac Omm	Ashlie Edwards
	2nd	Ricky Charlton	Jessica Gudmunson
	3rd	Hamish Cumming	Stella Campbell
Junior Back	1st	Jasper Upton	Makayla Meek
	2nd	Harrison Shipton	Lily Playle
	3rd	Daniel Links	Holly Hunt
11yrs Back	1st	Luke Morley	Francesca Early
	2nd	Mathew Francis	Charlie Yeats
	3rd	Jonah Watkin	Louisa Mitchell
Senior Back	1st	Mac Omm	Harriette Burke
	2nd	Vincent Supierz	Jessica Gudmunson
	3rd	Kyle Ambrosius	Charlotte Banbury
Junior B/fly	1st	Jasper Upton	Violet Haylen
	2nd	Daniel Links	Makayla Meek
	3rd	Hamish Douglas	Gabby Bryant
11yrs B/fly	1st	Mathew Francis	Charlie Yeats
	2nd	Luke Morley	Francesca Early
	3rd	Jonathon King	Louisa Mitchell
Senior B/fly	1st	Ricky Charlton	Jessica Gudmunson
	2nd	Mac Omm	Ashlie Edwards
	3rd	Oskar Hall	Charlotte Banbury
Open 100m	1st	Mac Omm	Jessica Gudmunson
	2nd	Luke Morley	Ashlie Edwards
	3rd	Kyle Ambrosius	Louisa Mitchell

**1<sup>st</sup> Beranghi, 2<sup>nd</sup> Amaroo, 3<sup>rd</sup> Biala, 4<sup>th</sup> Cabarita**

## MUSIC NEWS

**Cancellation of Music Information Evening;** Our Violin 1 program is full for this year and we have had great interest in the Training Band. We have therefore decided to cancel the scheduled Music Information Evening.

**It is not too late to join the Training Band:** Training Band will start on 26/2/13. A large amount of interest has been shown this year and some instruments are no longer available, however we are still looking for students interested in playing the Trombone, Bassoon, French Horn, Baritone Horn, Tuba, Bass Guitar, Bass Clarinet, Clarinet or Oboe. If you are interested in your child joining the Training Band and want to find out more please contact John Stone on 0412 622 891 or [johnnomuzik@hotmail.com](mailto:johnnomuzik@hotmail.com).

**\*\*Special Offer\*\*** We are offering free instrument hire for Trombone, Tuba and Bassoon. Save \$200. Hurry as there are only a limited number of instruments. Please contact for Elena Casanova on [stelanova2@optusnet.com.au](mailto:stelanova2@optusnet.com.au) for details.

**Violin 1 Program** is full, however if you would like to put your child's name on the waiting list please contact Victoria Norman at [vics@norman.com.au](mailto:vics@norman.com.au).

**Registration forms and fees** are now due for all ensembles. A registration form was attached to last week's Natter. All students, both new and returning, are required to complete a registration form. Completed forms and payment should be placed in the band box located in the foyer of the office. Please note that cash payments are not to be placed in the band box, but must be taken to any Commonwealth Bank and deposited directly into the Newport School Band account.

**Music Committee:** The music program at Newport is run entirely by parent volunteers. We encourage all new and existing parents of the music program to come and join the meetings. These meetings occur twice a term in the staff common room at school. We would love to welcome some new faces and your ideas and contribution would be valuable. You don't even have to have any prior music knowledge, just come along and get involved. If you want any further information please contact the music president Fiona Gudmunson at [fgudmunson@bigpond.com](mailto:fgudmunson@bigpond.com). The first music committee meeting for this year is scheduled for Wednesday 19th February starting at 7.30pm.

### Dates for Diary

Tues 11 <sup>th</sup> Feb	Violin 2 starts
Tues 18 <sup>th</sup> Feb	Violin 1 starts
Wed 19 <sup>th</sup> Feb	Music Committee Meeting, 7.30pm, Teachers Staff Room
Wed 26 <sup>th</sup> Feb	Training Band starts

## UNIFORM SHOP NEWS

### Hats

Caps & Broad-brimmed hats are available for purchase at the school office during opening times.

### Online Ordering

Orders placed online at [flexischools.com.au](http://flexischools.com.au) prior to 5pm on Fridays will be delivered to your child's class on the following **Monday or Tuesday**.

### Opening Hours

The Uniform Shop is open Mondays 9-10am and Tuesdays 3-4pm. We accept cash or cheque. Credit card payments are accepted when ordering via [flexischools.com.au](http://flexischools.com.au).

For enquiries, please contact [newportuniformshop@hotmail.com](mailto:newportuniformshop@hotmail.com) or Carla Pettitt 0413-804-015 & Kate Raffles 0413-519-872.

**Newport Breakers Netball Club** require some 8 or 9 year Nettas (born 2005 & 2006) and 11 year old's (born 2003).

We also looking for a couple of 13 year old's and some over 35's to join a team of parents of players!

Please contact our registrar Liz Dunn: [newportbreakersnetball@gmail.com](mailto:newportbreakersnetball@gmail.com)

<http://newportbreakersnc.nsw.netball.com.au/>

## NEWPORT PUBLIC SCHOOL MUSIC PROGRAM

# It is not too late to join the Training Band

The Training Band starts on Wednesday, 26<sup>th</sup> Feb, and there is still availability for a number of instruments including:

Trombone

Bassoon

French Horn

Baritone Horn

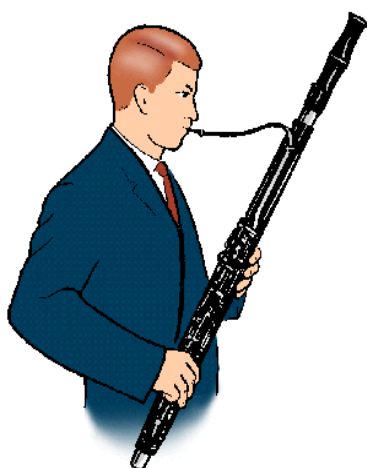
Tuba / Euphonium

Bass Guitar

Bass Clarinet

Clarinet

Oboe



philipmartin.com

**\*\*Special\*\*\*Free Instrument Hire\*\*\* Save \$200\*\***

The Music Program is offering free instrument hire for Tuba, Trombone and Bassoon  
Please contact Elena Casanova on [stelanova2@optusnet.com.au](mailto:stelanova2@optusnet.com.au)

The Training Band practices each Wednesday from 7.10 to 8.20am. Please note that children are allowed stay at school after this time. The canteen opens around 8.30am and offers a limited breakfast menu for band kids.

If you are interested please contact John Stone on 0412 622 891 or  
[johnnomuzik@hotmail.com](mailto:johnnomuzik@hotmail.com).

Further information is on our school's website [www.newport-p.schools.nsw.edu.au](http://www.newport-p.schools.nsw.edu.au)





## Not enrolled for NOOSHC for 2014?

Here are three reasons why you should be.

When you're busy juggling all the commitments in life, sometimes it's good to know that help is at hand. So even if you've never considered using before or after school care before, there are some good reasons to enrol your child for Newport Outside Of School Hours Care (NOOSHC) for 2014.

### 1. It helps make life easier.

Working parents understand how hard it can be to fit work into school hours, especially when their work is far from home. NOOSHC offers professional and inexpensive care from 7am to 6.30 at night, with afternoon tea and a range of activities, games, arts & crafts etc provided. So it's easier to get in a full day's work, while knowing your children are safe, secure & happy.

### 2. It's a backup when you need it.

If you don't work, you still know that things can come up — making it hard to get to drop off or pick up on time. That's why NOOSHC also offers casual placements for children who are registered with the centre.

By registering your child in NOOSHC, you can simply book in for the days you need, without committing to a regular place. And if you're running late due to traffic or unforeseen events, your child can enjoy the activities NOOSHC has to offer until you pick them up. The alternative is waiting at the school office, which your children will assure you, is much less fun.

You can only take advantage of this emergency backup if you register in advance — pick up the forms from Jo or Judy at the centre next time you're at school.

### 3. Children love it,

Ask most parents who use the NOOSHC service, and they'll tell you their children often complain if they're picked up too soon — with many parents told to come back later. And it's easy to see why: any morning or afternoon you'll see children running in the playground with friends from different classes, playing sport, building forts, putting on plays, and creating all sorts of great arts and crafts. Following on from observation of the children, the friendly staff program games, activities, arts & crafts that are developmentally suitable for the various ages of the children who attend. The children get to choose which activities they'll join, and which friends they'd like to play with — it's like a play date, with better toys!!

### How to register:

To register for a casual or permanent placement, visit NOOSHC and speak with our Centre Manager, Jo or the Assistant Centre Manager, Judy and to pick up an enrolment package. There's a bit to fill in, but you'll be creating more flexibility in your life, and making the most of this not-for-profit, parent-run (but professionally staffed) centre.

For enquiries:




**02 9979 9874**

Jo Newton - Centre Manager

Judy Longworth – Assistant Centre Manager





# CONTEMPORARY PIANO & KEYBOARD MUSIC LESSONS

- fun course material for beginners to advanced
- group lessons (2 to 4 per class) held at school in the mornings
- keyboards supplied for the lessons
- great introduction to music and preparation for all other instruments and the school band
- private tuition for more advanced students
- adult enquiries welcome
- contemporary and traditional repertoire, all theory and concepts for improvisation covered in the course

For more info and to enrol contact:

'Mr Roc' Koren: **0408 220 780**

email: [rockoren@gmail.com](mailto:rockoren@gmail.com)

or go to:

**[rocmusic.com.au](http://rocmusic.com.au)**

INVITING ALL NEWPORT FAMILIES TO OUR

# WELCOME BACK BBQ

**FRIDAY 21ST FEBRUARY, 2014 AT 5PM.**

COME ALONG AND ENJOY YUMMY FOOD AND LIVE MUSIC!

## **AVAILABLE ON THE NIGHT**

SAUSAGE SANDWICH \$3

GOURMET SAUSAGE ROLL \$6

GOURMET CHICKEN ROLL \$7

SLUSHIES & DRINKS \$2

LOLLY BAGS \$3

## **AND MORE...**

COIN TOSS

JELLY BEAN GUESSING COMP

GLOW IN THE DARK BRACELETS, LED FINGER LIGHTS & GLOW STICKS

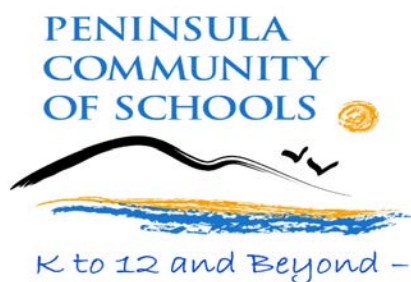


# NEWPORT SCHOOL CANTEEN MENU 2014

## Gourmet Sandwiches & Wraps

### Breakfast, Morning Tea & Lunch

<b>Breakfast</b>		<b>Morning Tea</b>		<b>Hot Food</b>		<b>Special days</b>	
Hash brown	\$1.00	Boiled rice cup with sauce	\$0.80	Hot Cheese roll	\$3.00	Sushi (Mon & Fri)	\$3.00
Up & Go	\$2.20	Corn chip cheese melt	\$1.00	Hot Ham & Cheese roll	\$4.00	Nachos with cheese only (Tues)	\$4.70
Mini Muffin	\$0.20	Melted cheese	\$1.00	Hot Cheese & Tomato roll	\$3.20	with lettuce, avocado, sour cream	\$5.00
Swirls	\$0.50	Chicken Sticks	\$0.60	Hot Cheese & Pineapple roll	\$3.00	Burgers (wed)	
		Spring rolls	\$0.60	Hot Chicken & Cheese roll	\$4.00	chicken beef or fish	\$4.00
				Steamed dim sim (4 per serve)	\$4.00	Mexican chicken burger	\$5.00
<b>Snacks</b>		Garlic bread	\$1.00	Fantastic noodles		Pizza (Thurs)	
Rice Wheels	\$1.40	<b>Sandwiches &amp; Wraps</b>		chicken or beef	\$2.80	Ham & Cheese,	
Piranha Snacks	\$1.80	Rolls add	\$0.60	Mac & Cheese	\$3.80	Ham & Pineapple	
Cheese & Bacon Roll	\$2.00	wraps add	\$0.60	Beef lasagne	\$3.80	Olive & Cheese	
Pretzel (Mon & Thru)	\$2.00	toasted add	\$0.50	Bolognese pasta	\$3.80	Supreme	\$2.50
Large Muffin (Wed)	\$1.10	Baked beans	\$2.00	Tuna bake	\$3.80		
Banana Bread (Fri) \$1.10		Cheese	\$1.80	Cheese potato bake	\$3.80		
Fruit flapjacks	\$0.50	Vegemite, Jam or honey	\$1.50	Fried rice	\$3.80	<b>Drinks</b>	
Finger Bun (Tues)	\$2.00	Cheese & Vegemite	\$2.00	Butter chicken & rice	\$3.80	300ml Oak carton	\$2.20
Fresh popped		Chicken	\$3.00	Lamb Rogan josh & rice	\$3.80	choc, straw or banana	
Popcorn	\$0.50	Chicken & Salad	\$4.10	Spinach & Cheese roll	\$2.80	300ml plain milk carton	\$2.00
Cheerios	\$0.20	Chicken, lettuce		Pie	\$3.00	200ml juice	\$1.80
Rice crackers	\$0.20	& Sweet chilli sauce	\$4.00	Sausage roll	\$2.80	apple, blackcurrant or OJ	
Corn thins (each)	\$0.10	Ham	\$3.00	2 chicken wedges	\$1.60	600ml water	\$1.00
Celery & Carrot sticks	\$0.50	Ham & Salad	\$4.10	2 chicken wedges & Roll	\$2.50	Hot Chocolate (winter)	\$2.00
Hommus	\$0.50	Tuna	\$2.50	2 chicken wedges & bread	\$2.10	Dairy free milk Choc or Banana	\$2.50
Mini wheats	\$0.20	Salmon	\$2.50	4 wedges	\$3.20	<b>Lunch orders need to be handed in</b>	
<b>Cold snacks</b>		Ham & Cheese	\$3.50	4 wedges & Roll	\$3.80	<b>before 9.30am.</b>	
Yoghurt cup & Berries	\$1.00	Egg	\$2.00	4 wedges & bread	\$3.50	Please write name & class clearly on bag.	
Yoghurt cup & jelly	\$1.00	Salad	\$3.00	Sauce	\$0.20		
				Spanish frittata	\$3.80		
Custard cup	\$1.00	<b>Extras</b>		<b>Ice blocks</b>		PSSA Sport ONLY please use a white bag	
Fresh fruit salad cup	\$1.00	Salad	\$1.50	Quelch sticks	\$0.80	Separate bags for hot & cold food please.	
Fresh fruit salad tub	\$2.80	Pineapple, tomato	\$0.80	Frozen yoghurt	\$2.20	Frozen items cannot be ordered	
Frozen pineapple	\$0.80	Avocado	\$0.80	Paddle pop	\$2.00	Online ordering: flexischools.com.au	
Frozen orange	\$0.20	Sauce	\$0.20	Slushies	\$2.00	Hot food is made on the canteen premises	
Frozen fruit salad	\$1.00	Mayo	\$0.20				
Frozen juice cup	\$1.00	Salad box	\$3.60				
Fresh Fruit	\$1.00	with ham or chicken	\$4.50				
		Chicken Caesar salad	\$5.00				



# *Peninsula Community of Schools*

## *Year 7 2015*

### *Extension Class Test*

All enquiries for the Year 7 2015 Extension Class test should be directed to Alison Waddy

#### **Narrabeen Sports High School**

Enquiries: 99137820

A package with all of the details is available in Primary Schools for Year 6 (2014) students interested in sitting for the Extension Class Test

**Test date: Tuesday the 11th of March 2014**



*An Award Winning Partnership*



# Awesome AFL After- School Auskick! - Pittwater

Wednesday 19<sup>th</sup> February to Wednesday 26<sup>th</sup> March, 4.00pm to 5.00pm at Narrabeen Sports High

The cost of \$47<sup>\*plus booking fee</sup> online/ \$50 cash or cheque includes:

- Awesome 6 week Auskick program with fully trained and qualified coaches
- AFL Auskick Pack including footy, cap, FootyPedia, pump, cards and more
- Suitable for all skill levels, boys and girls, big and small!
- The opportunity to become a Sydney Swans Red Rookie!

To register online visit [www.aflauskick.com.au](http://www.aflauskick.com.au)

Enter postcode "2101" and select '**Pittwater AFL Auskick Centre - After School**'

Type in your details and pay online for the chance to come to a Sydney Swans game!

Enquiries: Contact Lou at [louise.mckenry@aflnswact.com.au](mailto:louise.mckenry@aflnswact.com.au) or phone 0474141409

## Come and See The Big Time!

Simply register and pay online by **Wednesday 5<sup>th</sup> March**, to receive

**4 complimentary tickets\***

(2 adults & 2 children) to;

**Sydney Swans v Collingwood at ANZ Stadium,**

Saturday 29<sup>th</sup> March 7.40pm.

**PLUS become a Sydney Swans Red Rookie.**

Further details about the ticket offer will be sent to eligible participants by email in mid-March. \*Subject to availability for selected matches only.